

EMMANUEL NOTES

Your Best Year Ever

Week 3 - The Missing Ingredient

Danny Anderson

January 14/15, 2012

Everyone ends up somewhere, only a few end up somewhere on purpose.

- *The plans of the diligent lead surely to abundance, but everyone who is hasty comes only to poverty.*
- Proverbs 21:5

Doing what you said you would do is hard work.

- *The soul of the sluggard craves and gets nothing...*
- Proverbs 13:4

Lazy people are unwilling to do the painful things that self-disciplined people have learned to do.

Self-discipline is the key to execution.

“No one achieves and sustains success without it.”
- John Maxwell

Self-discipline is a person's best friend.

WEEKEND SERVICE NOTES

What is self-discipline?

Self-discipline is the ability to tell your mind and body to do the things it should do but does not want to do.

- *Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable. So I do not run aimlessly; I do not box as one beating the air. But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.*
- 1 Corinthians 9:25-27

The End Result:

Self-disciplined people see their vision fulfilled.

- *The soul of the sluggard craves and gets nothing, while the soul of the diligent is richly supplied.* - Proverbs 13:4

How do you develop self-discipline?

1. Keep the vision clear in your mind every day.
2. Develop new routines.
3. Eliminate excuses.

3 Questions:

1. What is your vision?
2. What new routines do you need to start?
3. What excuses do you need to eliminate?