

# EMMANUEL NOTES

*I Have a Friend... - Week 6*

**Who Is Hurting**

Danny Anderson

July 17, 2011

How do you help a friend who is hurting?

Be physically present with them.

- *Two are better than one...For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up!*  
- Ecclesiastes 4:9, 10
- "The physical presence of other Christians is a source of incomparable joy and strength to the believer." - Dietrich Bonhoeffer

Encourage them with appropriate words.

- *There is one whose rash words are like sword thrusts, but the tongue of the wise brings healing.*  
- Proverbs 12:18

Bring them to the Comforter.

- *Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction...*  
- 2Corinthians 1:3,4

WEEKEND SERVICE NOTES

- *And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm. - Mark 4:39*

Help them connect to God's purpose.

- *Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing. James 1:2-4*
- "God whispers to us in our pleasures, speaks in our conscience, but shouts in our pains: it is His megaphone to rouse a deaf world." - C. S. Lewis
- "Whatever else might be going on in your life, God always has His eye on your transformation."  
- John Eldredge

*i have a friend...*  
Practical help for the ones you love.

**What do you need to do for your friend who is in pain?**