

EMMANUEL NOTES

Life Apps

Week 3 - iTrust

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Our problems do not stem from a lack of information but rather from a lack of application - it's the doing that makes the difference.

...be doers of the word and not hearers only, deceiving yourselves. - James 1:22 (ESV)

Be strong and courageous. Do not be frightened, and do not be dismayed... - Joshua 1:9 (ESV)

Fear paralyzes us.

"Fear is a manipulative emotion that can trick us into living a boring life." - Donald Miller

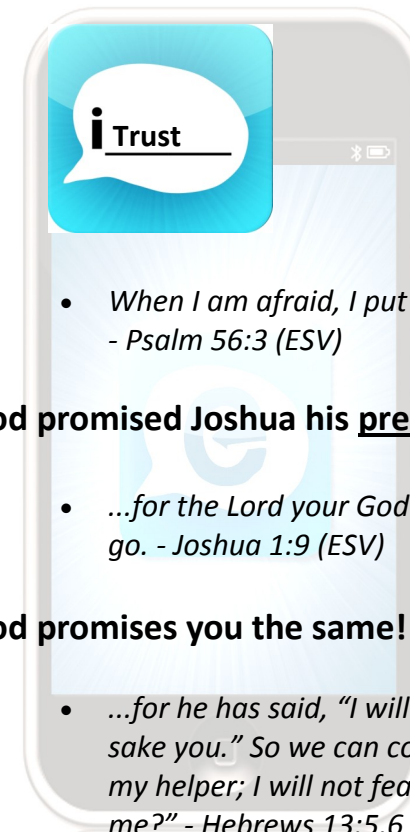
Common fears that paralyze us:

- *Fear of failure*
- *Fear of change*
- *Fear of the future*
- *Fear of being alone*
- *Fear of rejection*
- *Fear of letting people down*
- *Fear of what other people think*

WEEKEND SERVICE NOTES

What are your 2 biggest fears right now?

1. Fear of _____
2. Fear of _____



- *When I am afraid, I put my trust in you. - Psalm 56:3 (ESV)*

God promised Joshua his presence.

- *...for the Lord your God is with you wherever you go. - Joshua 1:9 (ESV)*

God promises you the same!

- *...for he has said, "I will never leave you nor forsake you." So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?" - Hebrews 13:5,6 (ESV)*

Two Questions:

1. **What has God called you to do?**

2. **Will you allow your fears to paralyze you?**